Universities are creating an army of doctors and nurses trained to administer pharmaceuticals and perform invasive procedures to women. The body’s natural mechanisms of fertility are not taught.

**FABM stands for Fertility Awareness Based Methods and describe any method that uses the body’s natural signs of fertility and infertility.**

Without knowledge of FABM, health practitioners do not recommend these options to their patients.

*The Billings Ovulation Method® is a simple, natural, and scientifically sound method to postpone or achieve pregnancy without drugs, devices, or invasive technology.*

When a practicing physician learns the truth about FABM, they often need help converting from prescribing contraception and performing sterilization. Since these forms of family planning are what most health care providers are trained on, making a change to FABM puts their practice at risk.
How can YOU help us change the health education system?

TRAINING
Training one healthcare practitioner influences over 4,000 patients per year on the benefits of the Billings Ovulation Method®.

A gift of $9,000 will train over 10 medical students and will impact the life of over 900,000 patients over the course of their career.

The Billings Ovulation Method® Association goals:
- Train 250 nursing and medical students.
- Help practicing physicians implement FABM into their practice.
- Change the status of women’s healthcare.
- Give couples better access to a safe, healthy, and scientifically proven reproductive health alternative.

CAMPAIGN GOAL
$255,000

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First, do no harm!

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